# Ragi and Oat Crackers with Cucumber Dip



Baking Time: 30 to 35 minutes Baking Temperature: 180° C (360°F) Makes 24 crackers (6 serving)

# Ingredients

1/2 cup Ragi (Nachni / Red Millet) flour
1/4 cup quick Cooking rolled oats
1/2 cup Whole Wheat Flour (Gehun ka Atta)
2 TSP Olive Oil
1/2 TSP Green Chilli Paste
1/2 TSP Garlic (Lehsun) Paste
Salt to taste

# To Be Mixed Into A Cucumber Dip

1/2 cup grated Cucumber
1 cup hung low-fat Curds (Dahi) , Whisked
2 TBSP finely chopped Mint leaves (Phudina) Leaves
2 TBSP finely chopped Coriander (Dhania)
1/4 tsp Cumin seeds (Jeera) powder
1/4 tsp Garlic (Lehsun) paste
Salt to taste

## Method

For the Ragi and Oat Crackers

- 1. Combine all the ingredients in a deep bowl and knead into a stiff dough using enough water.
- 2. Divide the dough into 2 equal portions.
- 3. Roll out a portion into a 200 mm. (8?) diameter circle without using any flour for rolling.
- 4. Prick them all over using a fork and cut out into approx. 50 mm. × 50 mm. (2?× 2? square pieces using a knife. You will get approx. 12 pieces.
- 5. Repeat steps 3 and 4 to make 12 more pieces using another dough portion.
- 6. Arrange them on a greased baking tray and bake in a pre-heated oven at 180°c (360°f) for 25 to 30 minutes or till they turn crisp from both the sides, while turning them once after 12 minutes. Keep aside to cool slightly.
- 7. Store in an air-tight container and use as required.

### How to serve

1. Serve the Ragi and Oat crackers with the Cucumber dip.

### Source: Tarla Dalal

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