

Coconut Milk

Ingredients:

- 1 Coconut
- Water

Method:

1. Grate coconut, add to the blend riser. Add water as much as it soaks the grated coconut.
2. Squeeze the above mixture in a muslin cloth. **You will get thick coconut milk**
3. Add the remaining residue again in the blender and repeat step one. The thin coconut milk now obtained can be used to make buttermilk