

Carrot Cucumber & Rajmah Salad in Mint dressing



Serves 4

Ingredients

1 Cup thinly Sliced Carrot

1 Cup thinly Sliced Cucumber

1/2 Cup p soaked and Boiled Rajma (Kidney Beans)

1/2 Cup Sliced Spring Onions

To Be Mixed Together Into A Mint Dressing

2 TBSP finely Chopped mint Leaves (Phudina)

4 TSP Honey

1 tbsp Lemon Juice

Salt to taste

Method

1. Combine all the ingredients for the salad in a bowl, toss well and refrigerate for at least 1 hour.
 2. Just before serving, add the mint dressing and toss well.
 3. Serve Immediately
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Source: Tarla Dalal

URL: <https://www.tarladalal.com/Carrot-Cucumber-and-Rajma-Salad-in-Mint-Dressing-4639r>

Video Demonstration: <https://www.youtube.com/watch?v=Gzb6doRtsz8>